

6 - 9 MONTHS

WHAT I CAN DO...

- Shout for your attention
- Make different sounds and begin to say mamama and bababa
- Cling to you when I am afraid of strangers
- Wave or respond to bye-bye
- Use my fingers to point at things that interest me
- Pick up cereal using my thumb and fingers
- Look for things you hide
- Crawl or scoot backward and forward
- Sit without support and catch myself with my hands if I begin to fall over
- Attempt to pull myself up on furniture and kneel at a table or toy
- Begin to get into a sitting position by myself
- Transfer toys from one hand to the other
- Recognize my name and turn to the speaker
- Comfort myself with my thumb or by holding a special blanket

HOW YOU CAN HELP ME...

- Describe what I see
- Continue with routines; I feel secure when I know what will happen next
- Stay near me as I move around and explore; I might become fearful if you are too far away
- Play social games with me like peek-a-boo and pat-a-cake
- Push a ball or car back-and-forth and play "my turn, your turn" games
- Sing and read books to me
- Support me at my hips when I try to stand up
- Provide containers so I can practice placing items in and dumping them out
- Make sure that I am finished with my bottle before I am put down in my crib

WHEN TO TALK TO MY DOCTOR...

- I do not consistently respond when you call my name
- I struggle to sit without help
- I only say one or two sounds and am usually very quiet
- I only play by myself and do not play back-and-forth games
- I am unable to recognize familiar people
- I do not look where you point when you point at a close object
- I do not use my eyes together when watching a moving object or if my eyes are crossed
- I do not transfer toys from one hand to the other
- I spend more time looking at my hands rather than playing with toys and objects