

Notice: Collaboration for Early Childhood
Parenting Resource Program
Request for Application - Chicago Parent Program

Background: Founded in 2002 by all six of Oak Park's governing bodies, the Collaboration for Early Childhood is a public/private partnership that leverages the resources of more than 75 local agencies to promote the development of a comprehensive, community-wide system of high-quality programs and services to foster physical, cognitive and social-emotional development during the critical first five years of life.

The Collaboration's Parenting Resource Program (PRP) provides a range of parenting tools, resources and evidence-based programming to help parents be their child's first and most important teacher. This continuum of service allows PRP to leverage community partners and meet the demand of parenting needs. In the 2016 Parenting Resource Program Recommendation and Strategic Framework, parents shared a desire for more socialization opportunities and more parent education programs.

Parent education programs focus on enhancing parenting behaviors, such as, positive discipline techniques, learning age-appropriate child development skills and promoting positive play and interaction between parents and children. Implementing a parent education program will fill a gap in services for parents who would benefit from a more focused approach than a single workshop but are not eligible for or do not want to participate in home visiting services.

The purpose of this Request for Application funding is to implement an evidence-based parenting program to reach families with young children in Oak Park in River Forest, (1) to increase parents' confidence in parenting skills; and (2) to provide parents and caregivers the opportunity to connect with other families that also parent young children.

Brief Description and Funding Opportunities: The Collaboration for Early Childhood (Collaboration) seeks vendors to provide The Chicago Parent Program (CPP) for three years. There are two opportunities for funding. Vendors may apply for funding at either opportunity but not both. Vendors who have staff trained in CPP are encouraged to apply to participate in either opportunity.

Opportunity I

Lead Agency: The Lead Agency will enter a multi-year contract with the **Collaboration (up to three years).** The Lead Agency is responsible for managing all aspects of the Chicago Parent Program and reporting to the Collaboration for Early Childhood. There will be <u>ONE</u> vendor selected as the lead agency. The Lead Agency

can send up to three staff to attend the CPP training (see training information on page 3).

General requirements of the lead agency will include:

- 1. Manage all program planning and logistics
- 2. Organize outreach efforts throughout the community to secure parental participation in the 12 week workshop series,
- 3. Implement CPP with fidelity to Oak Park and River Forest parents or caregivers of children 2-5 years old
- 4. Offer the 12-week series three times a year in Oak Park or River Forest Coordinate and manage CPP implementation with other local agencies who have staff trained in the CPP model (Co-Facilitator Agency), or Partner with Oak Park or River Forest agencies who have interest in offering the program to their families
- 5. Provide participants with any necessary follow up or referrals
- 6. Report on all program outcomes to the Collaboration for Early Childhood accurately and in accordance with reporting schedule
- 7. Participate in the Parenting Resource Program Committee (monthly), Collaboration Council (quarterly), additional Collaboration meetings as requested and to support and promote the development of the Collaboration and local infrastructure necessary for effective early childhood services delivery

Funding available per fiscal year:

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One 12-week session of CPP group	Up to \$8,000.00		
(with co-facilitator in agency)			
One 12-week session CPP group	Up to \$6,200.00		
(with partner agency providing co-facilitator)			
Two-three 12-week sessions of CPP group per year	Between \$12,250.00 - \$18,500.00		

Opportunity II

Co-Facilitator Agency: The Co-Facilitator Agency is responsible to provide a staff person to co-facilitate CPP. This staff person will work closely with the Lead Agency to support successful implementation of the program as well as assist in outreach efforts. There will be a stipend paid to the Co-Facilitator Agency per successful completion of 12-week program. The Co-Facilitator Agency can send one staff person to CPP training (see training information on page 3). There will be up to THREE vendors selected as Co-Facilitator Agencies.

General requirements of the Co-Facilitator Agency will include:

- 1. Support the Lead Agency with all program planning and logistics
- 2. Promote program participation through agency communications outlets and professional networks
- 3. Support outreach efforts of the Lead Agency throughout the community to encourage participation
- 4. Co-facilitate CPP with fidelity to Oak Park and River Forest parents or caregivers of children 2-5 years old

- 5. Provide participants with any necessary follow up or referrals
- 6. Participate in the Parenting Resource Program Committee (monthly) and Collaboration Council (quarterly)

Co-Facilitator Agency Stipend

Stipend to be paid to agency upon	\$2,000.00
successful complete of 12 week program	

CPP Group Leader Training: Agencies selected to participate in CPP are expected to send their designated staff member(s) to group leader training. Agencies responding to the RFA will be asked to sign a commitment form as part of the application. Training will take place on June 18 and 19, 2018 at Rush University College of Nursing (600 S. Paulina St.). Agencies who have staff who are trained in CPP will not be expected to participate in the training. The Collaboration will cover training costs (training fee & manual). Participants will be responsible for their own transportation. Lunch is included with training.

In CPP Group Leader training, participants learn about the Chicago Parent Program principles, structure, and content. Training teaches how to facilitate parent group sessions, including "hands-on" group leading experience. All participants complete a post-test at the end of the workshop.

About The Chicago Parent Program: Developed with and for parents from diverse backgrounds, The Chicago Parent Program (CPP) is respectful to parents' ideas and values. CPP is a 12-session, evidence-based, group parent program designed to strengthen parenting skills and communication and improve young children's behavior. Trained group leaders, lead the weekly 2-hour sessions using *The Chicago Parent Program Group Leader Manual (2nd edition)*. Parents learn during highly interactive group sessions using video examples of parents managing common but often challenging parenting situations at home and in public, group discussion and problem-solving, role play, and practice activities. CPP has been supported by numerous studies funded by the National Institutes of Health. Results found that parents who participated in the program saw increases in parenting confidence and improvements in children's behavior. See more information on CPP in separate attachment or visit: www.chicagoparentprogram.org

Key Dates:

RFA Open	Informational	RFA	Award	Participation in CPP Group Leader Training
Date	Meeting	Due	Notice	
February 20, 2018	March 1, 2018 at 10:30 am 123 Madison St., Oak Park (Meeting Room 102.)	March 23, 2018 at 5:00 pm	April 20, 2018	June 18 & 19, 2018 Rush University College of Nursing (600 S. Paulina St., Chicago)

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